



FREE HOME MEAL DELIVERY

If you are a Ramsey County resident and have been impacted by the COVID-19 pandemic, you may be eligible to have prepared meals delivered to your home for free.

All meals are nutritionally balanced and are prepared by licensed food providers. Some providers offer meal options that accommodate specific dietary restrictions.

ELIGIBILITY

Meal delivery is available to residents who are confined to their homes due to health conditions, transportation barriers and other reasons related to the COVID-19 pandemic.

You may be eligible for up to 21 meals per week.

PROVIDERS

Please contact a provider to learn more, discuss your eligibility and arrange services.

PROVIDER	MEAL SERVICE DESCRIPTION	CONTACT	LANGUAGES
Meals on Wheels	<ul style="list-style-type: none"> Nutritionally balanced prepared meals. All meals are prepared fresh locally. Variety of menu choices available including special diets. 	651-318-9091	English, Spanish, Hmong, Russian
Open Arms of MN	<ul style="list-style-type: none"> Scratch-made prepared meals. Medically tailored based on your needs. You choose the menu. 	612-767-7333	English, Spanish, Hmong, others upon request
Karing Neighbor	<ul style="list-style-type: none"> Asian culturally specific prepared meals prepared fresh by local authentic restaurants. Medically tailored options available. Vegetarian options available. 	651-321-8697	English, Hmong, Karen, Lao, Vietnamese
Fairview Health Services	<ul style="list-style-type: none"> Meal kits with pre-portioned, locally sourced ingredients. Seasonal, culturally relevant recipes. Step-by-step instruction card in your preferred language. 	651-815-3389	English, Somali, Spanish
Afro Deli & Grill	<ul style="list-style-type: none"> Nutritionally balanced prepared meals. Wide range of Halal only meals. 	612-445-6634	English, Somali



LEARN MORE:
ramseycounty.us/HomeMealDelivery



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